

LPAC Costume Size Worksheet

All students are invited to perform in the Year-End Performance in the spring. Costumes are being ordered for each class. Please fill out this form or submit online with the link sent by email.

Dancer's name: _____

Dancer's measurements (instructions below)

Girth (most important, required): _____ inches

Bust/chest: _____ inches Waist: _____ inches

Size choice (see chart): _____ Check one: ☐ Youth size ☐ Adult size

Parent Signature: _____ Date: _____



GIRTH

Girth is most important when determining size! Start the tape measure at the top of the shoulder and bring the other end through the legs and up the backside to the same shoulder. Measuring tape should be close to the body, but not tight.

BUST

Measure over the fullest part of the chest with arms relaxed.

WAIST

Measure around where the waist **naturally indents** (dancer can bend to one side to find the indentation). Note: this may be different from where the "waistline" of a skirt or pants falls.

HIPS

Measure around the fullest part of the hips and buttocks while dancer stands with feet together.

INSEAM

Measure from the inside top of the leg to the floor.

CHILD SIZES

	X-Small XSC (4/5)	Small SC (6/6X)	Intermediate IC (7/8)	Medium MC (10/12)	Large LC (14)	X-Large XLC (16/18)	XX-Large XXLC (20)
GIRTH	37-41 in	41-44 in	44-47 in	47-52 in	52-54.5 in	54.5-57 in	57-58.5 in
BUST	22-24 in	24-26 in	26-28 in	28-31 in	31-33 in	33-37 in	37-39 in
WAIST	22-23 in	23-24 in	24-25 in	25-27.5 in	27.5-29.5 in	29.5-33 in	33-35 in
HIPS	22.5-25 in	25-27 in	27-30 in	30-33.5 in	33.5-35.5 in	35.5-39 in	39-41 in
INSEAM	16-19.5 in	19.5-22.5 in	22.5-25 in	25-28 in	28-29.5 in	29.5-30.5 in	29.5-30.5 in

ADULT SIZES

	Small SA (4/6)	Medium MA (8/10)	Large LA (12/14)	X-Large XLA (16/18)	XX-Large XXLA (20)
GIRTH	57.5-60 in	60-62 in	62-63 in	63-65 in	65-68 in
BUST	34-36 in	36-39 in	39-42 in	42-45 in	45-48 in
WAIST	26-28 in	28-31 in	31-34 in	34-38 in	38-43 in
HIPS	35-37 in	37-40 in	40-44 in	44-48 in	48-52 in
INSEAM	29-33 in	29-33 in	29-33 in	29-33 in	29-33 in